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## A Mother's Day special event with sound therapist & healer, Marian McNair

See also [Mother's Day / Holistic Health](#)



May 9, 2012

(Evanston, Illinois) [Heaven meets Earth Family Yoga Studio](#) is hosting a Mother's Day event: Honoring the Mother ~ *Restorative Yoga-Vibrational Sound-Crystal Bowls with Marian McNair*, on Sunday, May 13, 2012, 4:00-6:00 p.m. For more information, please call 847.475.1500. The registration fee for this event is \$40; advanced [on-line](#) registration is requested. ***Come meditate ~ listen ~ enjoy!***

Marian McNair, owner of [Cellular Harmonies](#), invites mothers and daughters to unwind, relax and restore while honoring the Divine mother. There is no yoga experience necessary, as benefits will be enjoyed from the support of yoga props and the lovely sounds of Marian's voice and crystal bowls. This will be a transformative experience in sound healing and meditation. Marian shares the following about her work:

““The work is getting more and more powerful and I want to share this with as many people as possible. We are all on this journey together and each person adds so much to group consciousness and the ability to transform. I thank you for being a part of the great ride!”

**Music from the Heart: Marian McNair's** passion is music, vibrational sound therapy and art. She has worked with sound and vibrational healing for more than 15 years and sung professionally for more than 25 years. Marian's deepest joy is to sing as an expression, bringing peace and calmness to all who listen, as she uses the tones of the crystal bowls in harmony with her angelic voice.

In her private practice, Marian works with an entire octave of crystal bowls. During group and individual sessions, her natural intuitive knowledge of sound and those she is working with, brings the atmosphere into a loving state of calm. Marian's deepest desire is to bring harmony to every cell and molecule, knowing that once the body, mind and spirit are in total rest, true healing can take place.

**Event hosts Heaven meets Earth** is Evanston's first and the North Shore's only "green" yoga studio. Earth friendly and sustainable building products have been used, such as bamboo floors, low toxicity paints, and eco-friendly yoga mats to create a high vibration for an individual's yoga and healing practice.

The studio's program is rooted in vinyasa and Kundalini yoga systems with an emphasis on asana, pranayama, and meditation. The staff includes the region's top healers and yoga practitioners. The classes offered are for those new to yoga as well as for experienced practitioners (*individuals, couples, Mommy and Baby, Parent and Child, and Teens*). This is a family yoga studio and healing boutique with a mission to serve the community.

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